

GCSE Buddhist Practices – Key Terms.

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| **Word/Term** | **Definition** |
| Buddha rupa |  |
| chanting |  |
| festival |  |
| the Five Moral Precepts |  |
| the Four Sublime States |  |
| gompa |  |
| intoxicants |  |
| kamma (karma) | ANd9GcSudc-lbQlIecsJxSu0_MgTN590h7fOWI70WLazLA5jSoGutgkn |
| karuna |  |
| mala |  |
| mandala  |  |
| mantra |  |
| meditation |  |
| metta |  |
| mindfulness of breathing |  |
| monastery |  |
| Parinirvana Day |  |
| puja |  |
| retreat |  |
| samatha meditation |  |
| shrine |  |
| the Six Perfections |  |
| skilful |  |
| sky burial |  |
| stupa |  |
| temple  |  |
| thangka |  |
| unskilful |  |
| vihara |  |
| vipassana meditation |  |
| visualisation |  |
| Wesak |  |
| zazen meditation |  |
| Zen |  |
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