Holy Communion Summary Sheet

(Pages 42-45 in the Christianity textbook)

This summary sheet is to help you learn the nature and use of prayer. According to the AQA specification you need to know the following things:

‘• the sacrament of Eucharist (Holy Communion) and its significance for Christians, including different ways in which it is celebrated and different interpretations of its meaning.’

Terminology

**Eucharist** - another word for Holy Communion (literally ‘thanksgiving’ in Greek)

**Holy Communion** - a ceremony with bread and wine to remember the death of Jesus

**Mass**  - another name for Holy Communion in the Catholic Church

**Nonconformist churches**  - Protestant churches that are not Church of England, e.g. Baptists, Methodists, Presbyterians

What is Holy Communion?

Why communion is important/how it affects people

Catholic mass

Communion in Nonconformist churches