

**Three Traditions : Many Values**

Read the examples of religious values below.

Which values do these three religions encourage? Note down a list.

Are there any similarities between the values of these different groups? Give three examples.

What might be some practical ways in which believers might put these values into practice?



Christianity

Your love must be real. Hate what is evil and hold on to what is good. Love each other like brothers and sisters. Give each other more honour than you want for yourselves.

Do not be lazy but work hard, serving God with all your heart. Be joyful because you have hope. Be patient when trouble comes and pray at all times. Share with those that need help, bring strangers in need into your homes. Wish good for those who harm you; wish them well and do not curse them.

Be happy with those who are happy and be sad with those who are sad.

Live in peace with each other. Do not be proud, but make friends with those who seem unimportant. Do not think how smart you are.

If someone does wrong to you, do not pay him back by doing wrong to him. Try to do what everyone thinks is right.

Do your best to live in peace with others. *Bible: Romans, Chapter 12*

Humanism

We should decide what is good & bad for ourselves. Our ideas of good and bad try to balance our need for happiness and the fact that we must live cooperatively with each other in the world. Since we believe this life is all there is, life is particularly valuable and we should make the best of it. We need to work for justice in this life. We try to treat other people as we would like them to treat us and avoid harming others.

We value all human beings, celebrating both our common humanity and shared values and the diversity of human culture. We should not allow prejudices based on race, gender, nation or belief separate to us. We are responsible for looking after and improving life on this planet*.*

 *British Humanist Website.*

Sikhism

A Sikh’s personal life should include meditation on the Divine Name and the scriptures, leading life according to the Gurus’ teachings and selfless voluntary service.

A Sikh should visit the gurdwara, join the congregation and gain benefits that come from the study of the Holy Scriptures.

A Sikh should only worship the One Timeless Being and not any other god or goddess.

A Sikh should believe in equality for all people. Sikhs should maintain the distinctiveness of their religion but not hurt the feelings of any person from another religion.

Sikhs should get their children educated in Sikhism. A Sikh should see gifts to the poor as gifts to the Guru. A disciplined Sikh man should regard another man’s daughter as his own daughter and see another man’s wife as his own mother.

A true Sikh will make an honest living by lawful work. *Rehat Maryada (Sikh code of conduct)*





*Review and Reflect – So What?*

What is the point of having goals and values? What difference do they make in our lives? Do we always live up to our values or do sometimes act against them ourselves? Does this help to explain why some religious believers do not always seem to act according to their values?

Consider and explain answers to the above questions.