**Becoming an Arhat.**

For \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Buddhists an Arhat is a ‘\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_’ who has overcome the main causes of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (dukkha), - the three \_\_\_\_\_\_\_\_\_\_\_\_\_\_ of \_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to achieve \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. When someone becomes an \_\_\_\_\_\_\_\_\_\_\_\_\_\_they are no longer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when they die. This means they are \_\_\_\_\_\_\_\_\_\_\_\_\_\_ from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of birth, \_\_\_\_\_\_\_\_\_\_\_\_\_ and rebirth (\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_). They attain \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. This goal is achieved by following the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Path.

The Arhat & Bodhisattva

Mahayana Buddhists sometimes use the term \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to refer to someone who is far along the path to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ but has not yet become \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. The ideal, however, for a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Buddhist, is to become a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ rather than an Arhat.

**The Six Perfections.**

A person becomes a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by perfecting certain attributes know as the Six \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_:

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to be

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and generous.

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to live with good

\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and ethical behaviour.

3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to be patient and

calm in all things.

4. \_\_\_\_\_\_\_\_\_\_\_\_ to cultivate \_\_\_\_\_\_\_\_\_\_

and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to develop

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

6. \_\_\_\_\_\_\_\_\_\_\_\_ to obtain \_\_\_\_\_\_\_\_\_\_\_\_

and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Becoming a Bodhisattva.**

A Bodhisattva is an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ being who, out of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ remains in the cycle of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in order to help others achieve \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ as well.

Bodhisattvas combine being \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with being wise. Bodhisattvas

aim to follow Buddha’s teaching to his disciples to ‘\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_’

[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwj8ju2knqzhAhVRWxoKHdlNC0wQjRx6BAgBEAU&url=https://www.lionsroar.com/who-is-avalokiteshvara/&psig=AOvVaw077wDu9cYUw13xl_B5CF50&ust=1554116711017357)

**Bodhisattva Vows.**

However innumerable

beings are, I vow to meet

them with kindness and

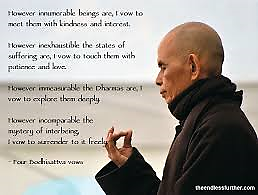
interest.

However inexhaustible the states of suffering are, I vow to touch them

with patience and love.

However immeasurable the Dharmas are, I vow to explore them deeply.

However incomparable the mystery of interbeing, I vow to surrender to it freely. *Thich Nhat Hanh*

[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&ved=2ahUKEwjV0Lf2n6zhAhVHrxoKHc98BdAQjRx6BAgBEAU&url=http://theendlessfurther.com/tag/bodhisattva-path/&psig=AOvVaw1Al6p24fRMp2Jkd7-JMHl4&ust=1554117204682645)